



The East, Central and Southern African College of Nursing (ECSACON)

## **11<sup>th</sup> Scientific Conference and 5<sup>th</sup> Quadrennial General Meeting 1<sup>st</sup> – 5<sup>th</sup> September 2014**

### **GENERAL INFORMATION TO PARTICIPANTS**

#### **Welcome**

The ECSA College of Nursing (ECSACON) is pleased to inform you of the up-coming ECSACON conference to be held in Harare, Zimbabwe from 1<sup>st</sup> - 5<sup>th</sup> September 2014

#### **Venue**

The Conference will be held at the Rainbow Towers hotel.

#### **Accommodation**

As far as possible participants are advised to book accommodation in the same hotel which will be the venue of the conference as it will save on cost of transport. However, a list of other hotels is provided below where participants may have direct contacts to book for their accommodation.

#### **About ECSACON**

ECSACON is a professional body of nurses and midwives in the East, Central and Southern Africa established in 1990. It is not a physical structure college but a coordinating agency anchored in the Human Resources for Health and Capacity Building of the East, Central and southern Africa Health Community (ECSA-HC) based in Arusha Tanzania.

#### **About Zimbabwe**

Zimbabwe is situated in Central Southern Africa, between the Limpopo and the Zambezi rivers, Zimbabwe is landlocked, bounded by Zambia, Mozambique, South Africa and Botswana.

The capital city of Zimbabwe, Harare, is a beautiful, light-filled, open city; high on the country's central

plateau. It is a city of modern buildings, wide thoroughfares, numerous parks and gardens. A city whose streets are lined with flowering trees and a wonderful invigorating climate. There is a strong appreciation for the city's cultural and historical heritage and a number of the older buildings have been preserved.

#### **Registration for the Conference**

All guests are encouraged to register and pay the registration fee before attending the conference and submit the dully completed registration form to the email address [hrdcb@ecsa.or.tz](mailto:hrdcb@ecsa.or.tz)

#### **Conference Registration fees are as follows:**

	<b>Early bird registration ( Before 30<sup>th</sup> June)</b>	<b>Late registration</b>
<b>ECSACON Members</b>	\$ 70	\$ 100
<b>Non ECSACON Members from the region</b>	\$ 250	\$ 300
<b>Non ECSACON Members from outside the Region</b>	\$ 400	\$ 600

## Traveling to Harare, Zimbabwe

Harare International Airport is located 12km southeast of the City Centre of Harare. Taxis to central Harare are available, and an average fare to the main hotels is US\$30.

The organizing committee in Zimbabwe will make the necessary transport arrangements for participants/delegates to be picked from the airport to the venue. Kindly communicate your itinerary in good time.

## Visa/Other travel arrangements

For most East, Central and Southern African member states, a visa is not required for entering Zimbabwe. However, participants need to verify with the Zimbabwean embassy in your country before travelling. All visitors to Zimbabwe must be in possession of return tickets (or funds in lieu) and sufficient funds to support the duration of their stay in Zimbabwe.

## Health Information

All participants entering Harare should be in possession of international vaccination certificate. You are advised to have a comprehensive travel medical insurance that will enable you to access adequate health care services for the entire duration of your stay. A clinic will be available at the Conference Venue during the duration of the conference for First Aid services.

## Security

The situation in Zimbabwe is generally calm; however, participants are advised to pay close attention to their personal security at all times especially when going out at night.

## Places of Interest

Whilst you are in Zimbabwe you can visit:

- One of the seven natural wonders of the world the Victoria Falls – 713km
- Great Zimbabwe Ruins - 300km away
- The Eastern Highlands – 300km
- Kariba Resort – 366km
- Hwange Game Park – 611km
- Matopo Hills – Bulawayo – 490km

In Harare you can visit:-

- The Lion and Cheetah Park
- The Birds Garden – Imba Shiri

- The Snake Park
- Balley Valley Game Park
- Chapungu Sculpture Gardens
- Harare Gardens
- The Art Gallery
- The Balancing Rocks in Epworth

## Currency

The main currency used in Zimbabwe is the United States of America Dollar but South African Rand may be used occasionally. Commercial banks are available for foreign currency transactions

## Weather and Clothing

The month of September is characterized by gradually rising daily high temperatures, with daily highs ranging from 80°F to 84°F over the course of the month. It is advisable to carry some light clothing especially for the daytime and a jacket or sweater may be needed for evenings and early mornings.

## Finally

We look forward to meeting you and wish you a refreshing and pleasant stay in Harare and other destination of your choice. Polite advise, please make a plan to visit Victoria Falls as well.

## Contacts- Regional Secretariat Arusha

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## Technical and Programme Issues

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## Planning & Logistics Committee in Harare:

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